

### **Careers Matter**

**Alumni-Student Connections** 

Calumet and Stong Colleges

Wednesday, October 24, 2018



### **Land Acknowledgment**



York University acknowledges its presence on the traditional territory of many Indigenous Nations. The area known as Tkaronto has been care taken by the Anishinabek Nation, the Haudenosaunee Confederacy, the Wendat, and the Métis. It is now home to many Indigenous Peoples.

We acknowledge the current treaty holders and the Mississaugas of the New Credit First Nation. This territory is subject of the Dish With One Spoon Wampum Belt Covenant, an agreement to peaceably share and care for the Great Lakes region.





### Means to connect with Alumni/Professors

In-Person

**Email** 

Phone



### **Making Effective Connections**



- Be Professional / Use a professional email account/address
- 2. Use proper salutation
- 3. Identify who you are
- 4. Identify how you know the person
- 5. Identify why you are connecting with that person

### **Making Effective Connections**



- Provide documentation in PDF format
- 7. Thank the person for her/his time
- 8. Be open to meeting with them at her/his leisure
- 9. Sign off
- 10.Professional signature



### Professional email account



- A. iamsosassy@hotmail.com
- B. manoftheyear@rogers.ca
- C. hotdude@marshmallow.com
- D. janedoe@gmail.com
- E. janedoe@my.yorku.ca
- F. imtheman@lovemachine.com
- G Jane Doe <janedoe@my.yorku.ca>

### **Proper Salutation**



- A. Hey mervi
- B. dude
- C Dear Professor Henriques
- ①. Hello Dr. Rotondi
- E. Hi Dr. Belcastro
- F. bro
- G. Hey dude
- H. braw



### **Example**



From: babygirl69@yorku.ca

To: smitha @yorku.ca

Yo dawg



### Sign off, and Signature



- A. Hasta la vista
- B. Ciao, JD 😘
- C. Thank you for your consideration of my request, Jane Doe, 3<sup>rd</sup> year, Kinesiology and Health Science, York University
- D. Bye for now Rotondi, 🥯 , Jane
- E. See you late 😉
- F. Ciao amigo Hernan



### Example of a good signature line



Best Regards,

Frank Rubino 4<sup>th</sup> year, Kinesiology and Health Science KAHSSO President

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# Professional Email Example



From: Jenny Ling <jenling @my.yorku.a>

To: <u>hhumana@yorku.ca</u>

Subject: Volunteering with your team



#### Dear Professor Humana:

My name is Jenny Ling. I am a 3<sup>rd</sup> year student in the School of Kinesiology and Health Science. I am currently taking course KINE 3620 with you.

I would like to further pursue my interest in sociology of sport. I was wondering if there is an opportunity to volunteer in this area with you.

I have attached my updated Resume/CV and my transcript of records in PDF format for your perusal.

I am looking forward to hearing from you at your leisure. Thank you for considering my request.

Best Regards,

Jenny Ling, 3<sup>rd</sup> year student Kinesiology and Health Science York University



### Linked-In



- Important for networking and getting in touch with recruiters
- An opportunity to cultivate your professional brand
- Many free courses and webinars on Lynda.com teach you how to optimize your linked-in profile



### **Careers Represented Tonight**



- Healthcare
- Medical Sciences
- Medical Biophysics
- Medicine
- Mental Health
- Nursing
- Nutrition

- Education
- Academia
- Business
- Human Resources
- Law
- Information Technology

- Speech Language Pathology
- Biomedical Engineering
- Fashion, Business and Figure Skating
- Fitness





### 15 seconds!

### Alumni, please present:

- 1. Name
- 2. Profession
- 3. Past experience





## Frequently Asked Questions



#### **FAQ**

- 1. Did your career turn out the way you planned?
- 2. Had you known what you know now, how would you have changed your experience as a student?
- 3. What skill or knowledge did you acquire in your undergraduate years that helped you with your career?
- 4. What advice would you give to current students?





### Time to mingle!

