

A stylized illustration of college buildings and trees. The buildings are in various colors (tan, white, grey, green, blue, brown) and have yellow windows. There are green and yellow trees in the foreground. The background is a clear blue sky.

# **Orientation Express Calumet and Stong Colleges**

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**How much do you know about  
Calumet & Stong Colleges?**

**Let's play KAHOOT!**



# Our College Community

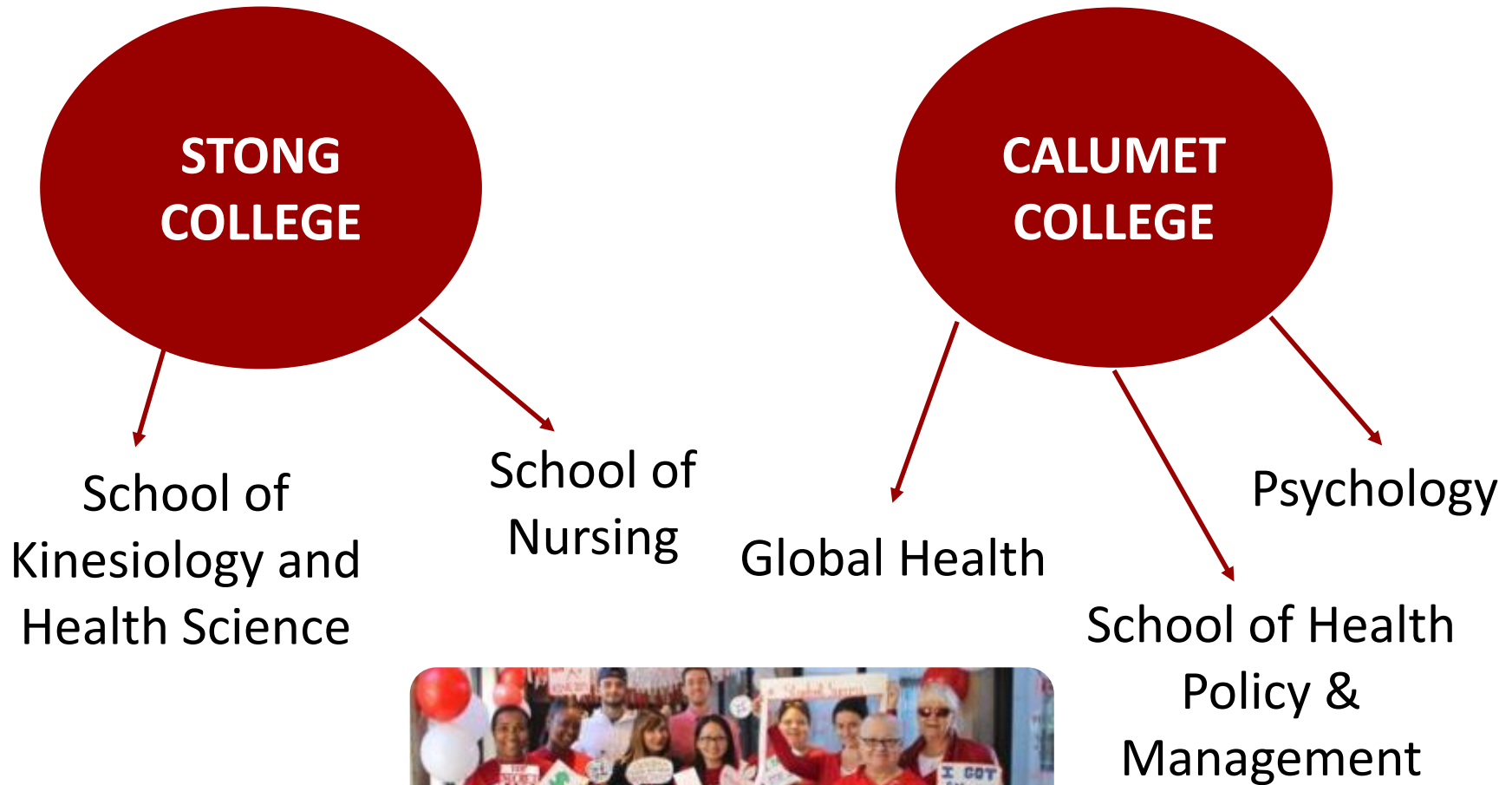


*“Colleges exist to help make a big university feel small.”*

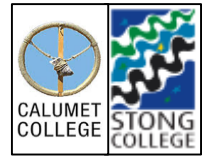
- ✓ A place to study, hang out, volunteer, and access resources
- ✓ A place where you can feel at home



# Faculty of Health Colleges



# How Can Calumet & Stong Support Their Students?



Master's Office

College Council/  
Government

Stong College Clubs

Student Space

- Student Success Programs
- Master's Office Events

- Student Voice
- O-Week
- Events
- Athletics
- Clothing

- Dept/School Clubs
- College Affiliated Clubs

- Study
- Social
- Wellness

Student Centric • Collaborative

Mentoring • Engaged • Innovative

# Stong College

## Student Success Programs



*INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP*

[stong.yorku.ca/programs/](http://stong.yorku.ca/programs/)

### Orientation & Transition

- York Orientation Day
- Mentoring
- Career Exploration

### Leadership Development

- Agents of Change
- Leadership Coaches
- Health & Wellness
- Indigenous Circle
- College Awards
- Volunteer & Job Opportunities

### Course Based Resources

- Peer-Assisted Study Sessions (PASS)
- Peer Tutoring
- Course Reps

# Course Based Resources

## Peer-Assisted Study Sessions (PASS)

Target historically difficult courses

Facilitated by trained PASS Leaders

## Peer Tutoring

Dept/School-based student club programs

Trained Peer Tutors

## Course Representatives



Announcements  
Academic support themes

In all 1<sup>st</sup>-first year courses  
Trained CRs

# Leadership Development



## Agents of Change

- Up to \$500 grant
- Project proposal based on social determinants of health



## Indigenous Circle Series

- Partnership with Centre for Aboriginal Student Services
- Events and workshops



## Peer Health & Wellness Educators

- Team of College based Health & Wellness Peer Educators
- Events, tabling, Potty Papers, social media, Zen Zone



# Leadership Development

## Leadership Coaches



- Foundational and Advanced Peer Leadership Training
- Series of leadership development workshops



## Volunteer & Job Opportunities



- Work-study positions available Summer & Fall/Winter
- Volunteer with YOD, mentoring, tutoring, & more!

## College Awards



- Annual awards and bursaries



# Campus Resources

## Learning Commons @ Scott Library

### Research Desk (2<sup>nd</sup> floor)

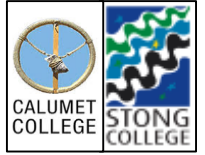
- Learn to find, evaluate and use scholarly books, journal articles and e-resources

### Writing Desk

- Learn to write analytically & structure written work

### Learning Skills Desk

- Improving reading and note-taking skills, building critical thinking skills



# Counseling & Disability Services

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- Personal Counselling Services
  - Room N 110, Bennett Centre Counselors available to respond to students
  - Group counseling
  - Individual counseling sessions
- Workshops:
  - Stress Management
  - Mental Health tune-up
  - Reducing anxiety

<http://www.yorku.ca/cds/>



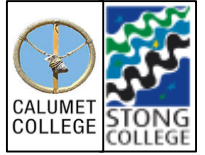
# Mental Health Disability Services

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- Provides academic support to students with mental health disabilities
- Does not include treatment, but offers learning accommodations
- Provides students with referrals
- **Not** intended to replace mental health support available in the community

<http://mhds.info.yorku.ca/>

# HH/OSAS



## Need academic advising?

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### Office of Student & Academic Services (OSAS)

- 235 Calumet College
- Academic Advising for all Faculty of Health (HH) students
- Appointment-based advising
- Academic Petitions

# Tips for Success



# Questions & Contact



**Facebook:** <https://www.facebook.com/yorkustongcollege>

**Twitter:** <https://twitter.com/YorkUStong>

**Website:** <http://stong.yorku.ca/>

**Location:** Stong College, Rm 314; Calumet College, Rm 301

**Email:** [scchelp@yorku.ca](mailto:scchelp@yorku.ca)

**Phone:** 416-736-5132







# Thank You & Questions

[calumet.yorku.ca](http://calumet.yorku.ca) | [stong.yorku.ca](http://stong.yorku.ca)



<http://ca.studentvoice.com/yu/oexpress>

# Your Feedback Please!

