Orientation Express
Calumet and Stong Colleges
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How much do you know about Calumet & Stong Colleges?

Let’s play KAHOOT!
Our College Community

“Colleges exist to help make a big university feel small.”

- A place to study, hang out, volunteer, and access resources
- A place where you can feel at home
Faculty of Health Colleges

STONG COLLEGE

School of Kinesiology and Health Science

School of Nursing

CALUMET COLLEGE

Global Health

Psychology

School of Health Policy & Management
### How Can Calumet & Stong Support Their Students?

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**Student Centric** • **Collaborative** • **Mentoring** • **Engaged** • **Innovative**
Stong College
Student Success Programs

INSPIRING LEARNING, LEADERSHIP, AND CITIZENSHIP

stong.yorku.ca/programs/

Orientation & Transition
- York Orientation Day
- Mentoring
- Career Exploration

Leadership Development
- Agents of Change
- Leadership Coaches
- Health & Wellness
- Indigenous Circle
- College Awards
- Volunteer & Job Opportunities

Course Based Resources
- Peer-Assisted Study Sessions (PASS)
- Peer Tutoring
- Course Reps
Peer-Assisted Study Sessions (PASS)
- Target historically difficult courses
- Facilitated by trained PASS Leaders

Peer Tutoring
- Dept/School-based student club programs
- Trained Peer Tutors

Course Representatives
- Announcements
- Academic support themes
- In all 1st-first year courses
- Trained CRs
Leadership Development

Agents of Change
- Up to $500 grant
- Project proposal based on social determinants of health

Indigenous Circle Series
- Partnership with Centre for Aboriginal Student Services
- Events and workshops

Peer Health & Wellness Educators
- Team of College based Health & Wellness Peer Educators
- Events, tabling, Potty Papers, social media, Zen Zone
Leadership Development

Leadership Coaches
- Foundational and Advanced Peer Leadership Training
- Series of leadership development workshops

Volunteer & Job Opportunities
- Work-study positions available Summer & Fall/Winter
- Volunteer with YOD, mentoring, tutoring, & more!

College Awards
- Annual awards and bursaries
York Libraries

Learning Commons @ Scott Library

Research Desk (2nd floor)
• Learn to find, evaluate and use scholarly books, journal articles and e-resources

Writing Desk
• Learn to write analytically & structure written work

Learning Skills Desk
• Improving reading and note-taking skills, building critical thinking skills

http://www.library.yorku.ca/cms/learning-commons/assist/
Counseling & Disability Services

• Personal Counselling Services
  • Room N 110, Bennett Centre Counselors available to respond to students
  • Group counseling
  • Individual counseling sessions

• Workshops:
  • Stress Management
  • Mental Health tune-up
  • Reducing anxiety

http://www.yorku.ca/cds/
Mental Health Disability Services

• Provides academic support to students with mental health disabilities

• Does **not** include treatment, but offers learning accommodations

• Provides students with referrals

• **Not** intended to replace mental health support available in the community

http://mhds.info.yorku.ca/
HH/OSAS

Need academic advising?

Office of Student & Academic Services (OSAS)

- 235 Calumet College
- Academic Advising for all Faculty of Health (HH) students
- Appointment-based advising
- Academic Petitions
Tips for Success

- Connect
- Get Involved
- Study Groups
- Access Resources
- Practice
- Self Care
- Be Optimistic & Realistic
Questions & Contact

Facebook: https://www.facebook.com/yorkustongcollege

Twitter: https://twitter.com/YorkUStong

Website: http://stong.yorku.ca/

Location: Stong College, Rm 314; Calumet College, Rm 301

Email: scchelp@yorku.ca  Phone: 416-736-5132
Thank You & Questions

calumet.yorku.ca | stong.yorku.ca
http://ca.studentvoice.com/yu/oexpress

Your Feedback Please!