

YORK ORIENTATION DAY

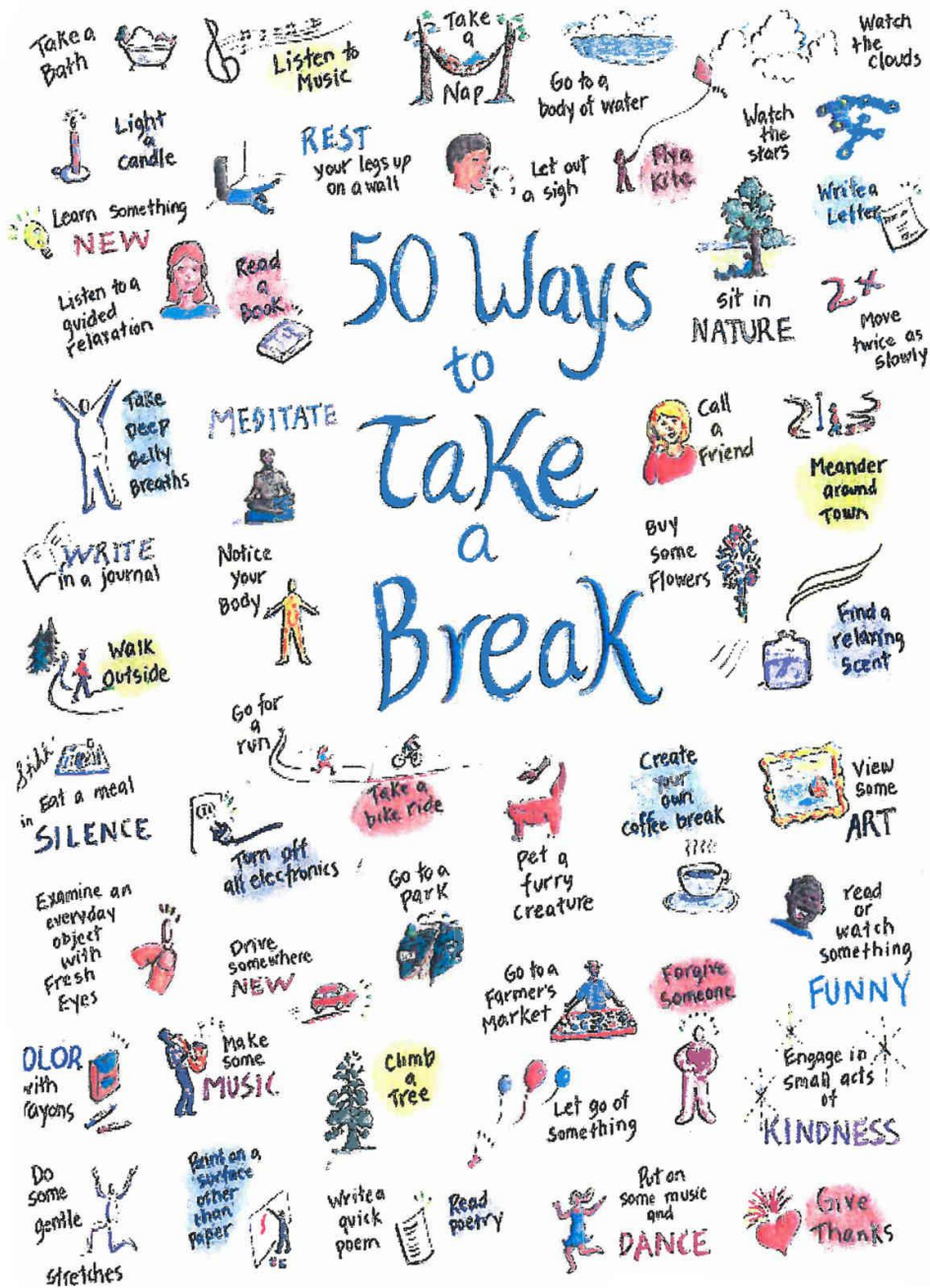


health

YORK
UNIVERSITÉ
UNIVERSITY



WELCOME



TAKE A BODY BREAK!

- Insert a short break every hour or half hour of studying
- Helps maintain productivity
- Offers you a chance to stretch
- Allows you to focus and concentrate
- Creates a sense of progress

Learning Skills Services

Succeeding in PSYC: Welcome from the Undergraduate Program Director



Tips from Upper Year PSYC Students



We want to hear from you!

PSYCHOLOGY QUESTIONS AND ANSWERS !



<https://tinyurl.com/w18yu>

Your Feedback Please!



UP NEXT...

CAMPUS FAIR AND TOURS AT VARI HALL
