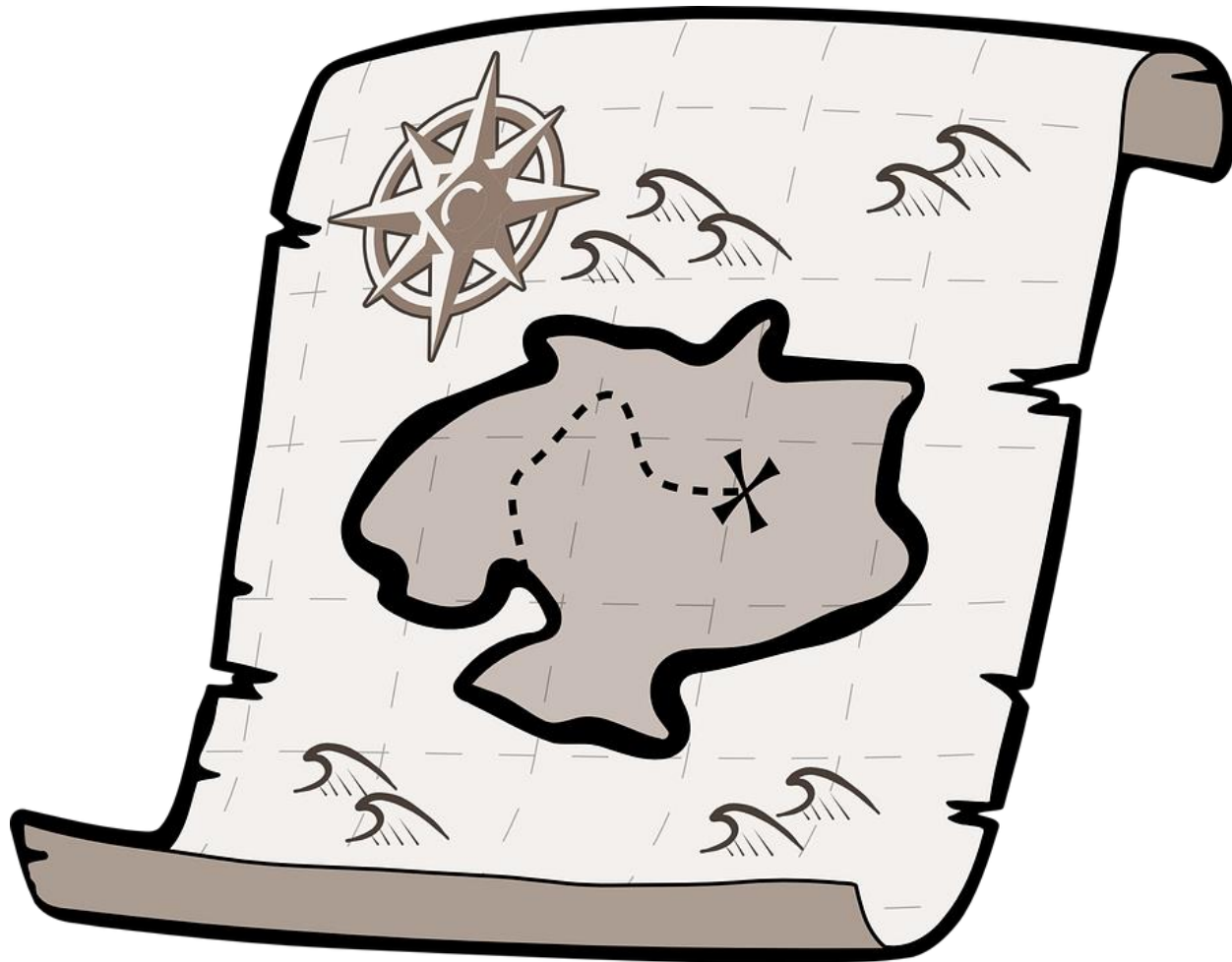


IHST SCAVENGER HUNT!



YORK ORIENTATION DAY AT CALUMET COLLEGE



health

YORK
UNIVERSITÉ
UNIVERSITY 

WELCOME

Land Acknowledgement

“York University acknowledges its presence on the traditional territory of many Indigenous Nations. The area known as Tkaronto (Toronto) has been care taken by the **Anishinabek (a-nish-na-bek) Nation**, **the Haudenosuane (ho-dee-no-sho-nee) Confederacy**, the **Wendat**, and the **Metis**. It is now home to many Indigenous Peoples. We acknowledge the current treaty holders and the Mississaugas of the New Credit First Nation. This territory is subject of the Dish With One Spoon Wampum Belt Covenant, an agreement to peaceably share and care for the Great Lakes Region”

York Orientation Day 2017 Schedule

Global Health

Time	Overview
2:00pm - 2:45pm	Scavenger Hunt
2:45pm - 5:00pm	Academic & College Programming <ul style="list-style-type: none">● Connecting with your College: Welcome from the Calumet College Master● Health and Wellness for Academic Success: Mindfulness● Succeeding in Global Health: Welcome from the Program Coordinator● Becoming an Agent of Change● Getting Involved within Global Health, Calumet College, and York
5:00pm - 6:00pm	Faculty of Health Dinner
6:00pm - 6:30pm	Parade to Lion's Stadium
6:30pm - 8:00pm	Welcome Ceremony

#WeAreYU

A LITTLE ABOUT ME!



health



BODY BREAK

Get Up & Dance!

The Evolution of Mom Dancing



Connecting with your College

Welcome from the Calumet College Master



KAHOOT.IT

Ready to join?

Join at kahoot.it and enter the game PIN

88 Players

Kahoot!

Start

Kahoot!

Game PIN

Enter

Kahoot!

Game PIN

Enter

Kahoot!

Game PIN

Enter

Kahoot!

Game PIN

Enter

Create your own kahoot for FREE at getkahoot.com

Get your phone, tablet or laptop out now!

The advertisement features a central image of a laptop displaying the Kahoot! lobby with 88 players and a 'Start' button. In front of the laptop, four hands hold mobile devices (two tablets and two smartphones) showing the Kahoot! app interface with a 'Game PIN' input field and an 'Enter' button. To the right, a large smartphone displays the same app interface. At the bottom, a dark grey banner contains the text 'Get your phone, tablet or laptop out now!'.



HEALTH AND WELLNESS FOR ACADEMIC SUCCESS: MINDFULNESS



The Scientific Power of Meditation

Mindfulness Activity



Let's try a 1 minute
meditation exercise
together!

SUCCEEDING IN GLOBAL HEALTH

Welcome from the IHST Program Coordinator

A+

BODY BREAK

Yoga is a great relaxation tool. While studying, take a break and practice simple yoga poses to help refresh your mind



AGENTS^{OF} CHANGE



Be the spark.

Have an idea for a healthy initiative?

Get your idea **funded.**

Becoming an Agent of Change

health



CALUMET COLLEGE

Getting Involved

A message from GHSA and CCC



health





Closing Remarks

calumet.yorku.ca



#CalumetCougar

health



CALUMET
COLLEGE

<http://ca.studentvoice.com/yu/yod17>

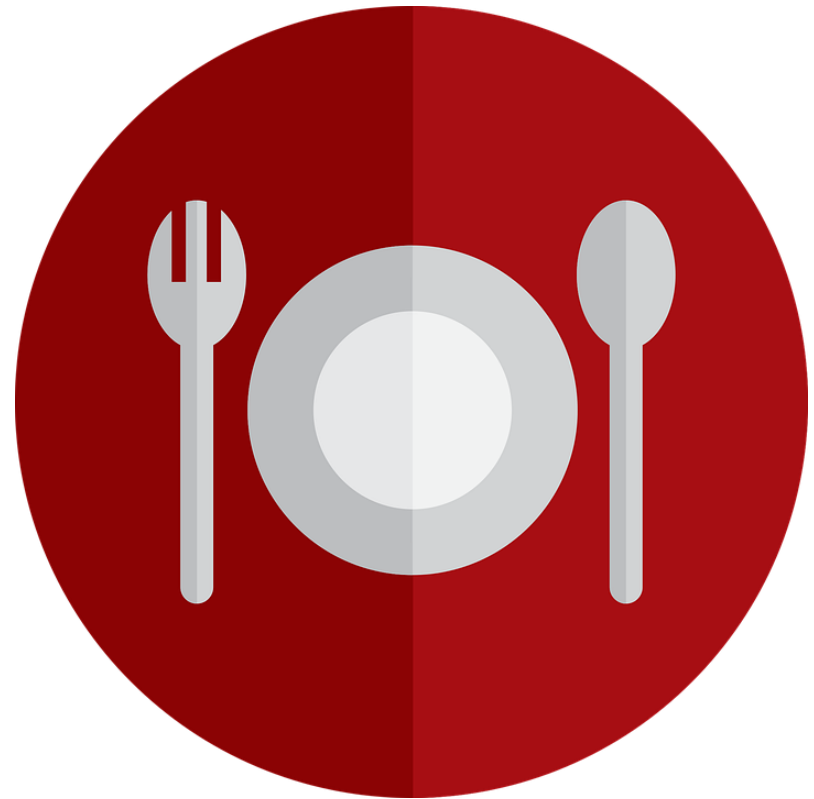
Your Feedback Please!



health



Dinner on the Ross Podium!



Welcome Ceremony



health

YORK
U
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