

FACULTY OF HEALTH  
AND  
STONG & CALUMET COLLEGE  
**AWARDS**

2017

# Message from the Dean Faculty of Health



The Faculty of Health has 10,000 students, 2,000 of whom graduate each year. Every one of our students is talented, dedicated, and on the road to success. However, the handful of students we are recognizing today have distinguished themselves for outstanding academic success and leadership. I'd like to thank and congratulate each and every award recipient. It's a privilege to have you as a member of York University's Faculty of Health sphere of success and influence.

Success, recognition, and membership also come with responsibilities. Your award should not be the pinnacle of your career – it is merely an indication of your potential to achieve even greater things.

We are counting on you to become tomorrow's local, national and global leaders in health and health care. We need your energy, talent, and imaginative ideas.

The Faculty of Health has many faculty, staff and alumni who have produced remarkable achievements such as reducing the suffering caused by pain, improving the lives of people with disabilities, understanding and improving brain health, advancing the profession of nursing, showing how physical activity can prevent disease and injury, and improving health care policies and practices in Canada and around the globe.

E-journalist Lydia Sweatt wrote: "All good men and women must take responsibility to create legacies that will take the next generation to a level we could only imagine." As a member of the Faculty of Health we look to you to uphold and extend our legacy of excellence, compassion, integrity and innovation.

Best wishes,

A handwritten signature in blue ink that reads "Paul".

Paul McDonald PhD, FRSPH, MRSNZ  
Dean, Faculty of Health

# Message from the Masters Stong College & Calumet College



## **Mazen J. Hamadeh** **Master of Stong College**

I would like to congratulate all the award recipients on excelling academically or in showing exceptional leadership. These awards reflect your hard work, focus, passion, persistence and meaningful contributions. Your commitment to leaving a significant impact and evolving the community you live in will stand you well in your future endeavours. Stong College is proud of you and your achievements, and we wish you continued success. As you go forth with your next chapter in life, remember to contribute to the success of the community as others have contributed to your success. The way must be tried!



## **Jennine S. Rawana** **Master of Calumet College**

On behalf of the Calumet community, I would like to wish you congratulations on graduating from York University and your exceptional academic success and leadership accomplishments. Undoubtedly, your stellar academic and leadership accomplishments reflect your commitment to your studies and university experience and pursuing what makes you passionate and excited. Thank you for choosing the Faculty of Health and its College community to help you attain your goals and dreams. I wish you the very best as you prepare for the adventures that lie ahead and continued success as you embark on your next steps. Well done!

# Order of Ceremony

Welcome	<b>Frank Clarke</b> , Director, Communications and Planning, Faculty of Health and Master of Ceremonies
Opening Remarks	<b>Paul McDonald</b> , Dean, Faculty of Health
<b>AWARDS PRESENTATION</b>	
Stong and Calumet College Certificate Recipients	<b>Mazen J. Hamadeh</b> , Master, Stong College <b>Jennine S. Rawana</b> , Master, Calumet College
Calumet College Council Leadership Award	<b>Jennine S. Rawana</b> , Master, Calumet College
Stong College Student Government Leadership Award	<b>Mazen J. Hamadeh</b> , Master, Stong College
Student Leadership Awards	<b>Mazen J. Hamadeh</b> , Master, Stong College <b>Jennine S. Rawana</b> , Master, Calumet College
Stong Master's Award for Academic Excellence: <i>Syed Kumail Raza Abidi, Nargis Fazli, Raluca Lavinia Moldovan, Julio Cristian Chen, Aaron Adrienne Ramos Antonio, Alessandro Volpe, Eve Marian Sohn, Jugvinder Singh, Sathyan Arulvarathan, Maryam Kara</i>	<b>Mazen J. Hamadeh</b> , Master, Stong College
Calumet Master's Award for Academic Excellence: <i>Ilan Kogan, Ruhama Quadir</i>	<b>Jennine S. Rawana</b> , Master, Calumet College
Silver Medal for Academic Merit: <i>Ron Burdo Mohabat Tarkeshian Alessandro Volpe</i>	<b>Paul McDonald</b> , Dean, Faculty of Health
Silver Medal for Outstanding Leadership: <i>Crystal Heidari</i>	<b>Joel Goldberg</b> , Associate Professor and Department Chair, Department of Psychology <b>Michael Pettit</b> , Associate Professor, Department of Psychology <b>Rebecca Pillai Riddell</b> , Associate Professor, Department of Psychology
Gold Medal for Academic Excellence and Outstanding Leadership: <i>Alessandro Volpe</i>	<b>Christopher Perry</b> , Associate Professor, School of Kinesiology & Health Science <b>Mazen J. Hamadeh</b> , Associate Professor, School of Kinesiology & Health Science and Master, Stong College
Closing Remarks	<b>Frank Clarke</b> , Director, Communications and Planning, Faculty of Health and Master of Ceremonies

# Stong & Calumet College Certificates

## Student Leadership Certificate

### Calumet College Council

Vinoth Navaraj  
Trisha Phan  
Lilian Nguyen  
Kenisha Bogle  
Fotini (Frances) Gontoulas  
Shirin Nasirpour  
Kimberly Hernandez  
Najma Osman  
Rena Facey  
Eugene Ayertey  
Veronique Davidson

Bridget Asamoah  
Miriam Damile  
Abel Tesfaldet  
Maryann Lising  
Brad Tam  
Mikael Roque  
Daniella Johnson  
Matthew Comishen  
Angajan Ramanathan  
Michael Uy

### Stong College Student Government

Ava Rahbari  
Winson Cheong  
Nadine Hassan  
Maria Gialadakis  
Mehrddad Alizadeh-Meghrazi  
Jonathan Ellis

Justin Manabat  
Dylan D'Lima  
Stephanie Kovacs  
Sam Vasilounis  
Tatiana Clarke  
Anoke Dunston

# Stong & Calumet College Certificates

## Student Leadership Certificate (cont'd)

### HealthAid Network SSTM

Nadia Maharaj  
Zharia Woodley  
Ali Raza Jaffer  
Jeniesha Yogarajah  
Kooshan Mazloomi  
Nirali Shah  
Ali Jammal  
Ehsan Yavari  
Lucas Campagna  
Aberame Giritharan  
Elena Vu  
Elizabeth Rossi  
Janet Leung  
Muhammad Tahha Nadeem  
Aya Tagami  
Betty Nwaogwugwu  
Eileen Santiago  
Pamela Chigbo  
Anastasia Clarke

Arwa Mohamedali  
Mcanthony Anigwe  
Robert Cheung  
Tirth Patel  
Amanda Furlano  
Fatema Khimji  
Shagaana Giritharan  
Cat Tien Nguyen Huu  
Nika Shanshashvili  
Harkit Bhandal  
Haniah Saleem  
Noor Pirzada  
Sherri Tran  
Maria Nicole Ang  
Sybil Chan  
Ayomide Fakuade  
Rachel Clodman  
Thrishana (Abi) Singh

### HealthAid Network SSTL

Tyler Cenac  
Sofia Vo  
Arvin Ardakani  
Rudy Cherid  
Wareesha Ahmed  
Mahima Mehta  
Zohra Kakar  
Jyotsna Sharma  
Melissa Mora  
Oghenerukevwe Onororemu  
Samiha Rahman

Mohammadali Azad  
Simrat Soni  
Said Talani  
Tennille Jacobs  
Sarah Ciantar  
Paniz Bolourchi  
Thaksha Sritharan  
Syed Ali  
Gurpreet Pannu  
Ahbair Pasha  
Michelle Gorkunberg

# Stong & Calumet College Certificates

## Student Leadership Certificate (cont'd)

### Global Health Student Association

Oyewunmi Oyelowo  
Nishila Mehta  
Fatima Niri

Ranjana Nagi  
Maryam Amodu  
Shanthiya Nallathamby

### Kinesiology and Health Science Student Organization

Alessandro Volpe  
Lamya Burhani  
Sohan Vemannagari  
Shir Grunebaum  
Nader Chaya  
Henrietta Dorogi  
Glen Katsnelson  
Paloma Simoes  
Muhammad Ahsan Zaman  
Mahima Mehta  
Paul Pooria Khoshnevisan  
Yasmin Abo Halima  
William Virgil Lizardo  
Hammad Saif  
Ilia Azari  
Alwiya Ali  
Aperna Bhargava

Osama Syed Mohammad  
Amirhossein Baroughbonab  
Armin Makki  
Ayala Lerner  
Bahareh Fouladi  
Jonathan Villa  
Mahnaz Khomamizadeh  
Yelena Slobodscoy  
Johnny Chaya  
Jordan Guerrero Martinez  
Raymond Akhavan  
Shelly Gosain  
Tal Frankel  
Yoon-A Lee  
Maryam Pesaran Sharif

### Nursing Students Association

Misbah Manesiya  
Cayathry Sathasivam  
Cindy Trieu  
Chimi Kuyee  
Hilary Lau  
Yu-jin Kim  
Marlo Salum

Sophie Khaslavsky  
Ovesiri Patricia Fueta  
Kelsey Fallis  
Caitlyn Leung  
Karla Tactay  
David Ryan Manickam

# Stong & Calumet College Awards

## Student Leadership Certificate (cont'd)

### **Student Association of Health Management, Policy, and Informatics**

Hanah Fekre

Cajaana Kanagaratnam

Rammya Vykunthanathan

Heather Leung

Kanchi Uttamachandani

Tao Chang Shi

Kimberly Yap

### **Undergraduate Psychology Students Association**

Anik Patel

Ana Stoenescu

Keisha Dhori

Kelly Tabangi

Kimya Shahi

Pearson Alcantara

Nicholas Fyffe

Adil Kabeer

Grace Osei-Bonsu

### **Alumni Leadership Certificate**

Slav Feldman

Praful (Binny) Handa

Omar Hassan

Sofia Mehr

Elnaz Moghimi

Cameron Mattice

Clayton Rhodes

# Stong & Calumet College Awards

## Agents of Change Leadership Award

Mina Moravej  
Maryam Samani  
Asiya Karmali  
Touran Chadimi  
Maseh Hadaf  
Shareef Hadid  
Emilia Strilchuk

Nassar Khan  
Mehran Nejad Mansouri  
Daniel Law  
Hodo Hussein  
Mujtaba Ahmed  
Deanna Lentini

## Calumet College Council Leadership Award

Krista Gokool

## Stong College Student Government Leadership Award

Andrew Lawlor

## Student Leadership Award

Thaadsha Manivasagan (GHSA)  
Frank Rubino (KAHSSO)  
Danny (Dan Feng) Wang (NSAY)  
Aziza Ibrahim (SAHMPI)  
Shakil Mirza (UPSA)

# Master's Award for Academic Excellence

## Stong College

### **Syed Kumail Raza Abidi**

- 2014 York University Continuing Student Scholarship
- 2015 School of Kinesiology and Health Science Honour Roll
- 2015 Kinesiology and Health Science Honour Awards
- Summa Cum Laude, Member of Dean's Honour Roll

### **Nargis Fazli**

- 2012 xYU Renewable Entrance Scholarship
- 2012 York University Renewable Entrance Scholarship
- 2013 York University Renewable Entrance Scholarship
- 2014 School of Kinesiology and Health Science Honour Roll
- 2014 Kinesiology and Health Science Honour Awards
- 2014 York University Renewable Entrance Scholarship
- Summa Cum Laude, Member of Dean's Honour Roll

### **Raluca Lavinia Moldovan**

### **Julio Cristian Chen**

- 2012 xYU Renewable Entrance Scholarship
- 2012 York University Renewable Entrance Scholarship
- 2013 York University Renewable Entrance Scholarship
- 2014 School of Kinesiology and Health Science Honour Roll
- 2014 York University Renewable Entrance Scholarship
- 2015 School of Kinesiology and Health Science Honour Roll
- 2016 York Graduate Scholarship
- 2017 York Graduate Scholarship
- 2017 York Graduate Scholarship
- Summa Cum Laude, Member of the Dean's Honour Roll

### **Aaron Adrienne Ramos Antonio**

- Summa Cum Laude, Member of Dean's Honour Roll

# Master's Award for Academic Excellence

## **Alessandro Volpe**

- 2013 xYU Renewable Entrance Scholarship
- 2013 York University Renewable Entrance Scholarship
- 2014 School of Kinesiology and Health Science Honour Roll
- 2014 York University Renewable Entrance Scholarship
- 2015 Frank Cosentino Book Prize
- 2015 School of Kinesiology and Health Science Honour Roll
- 2015 York University Renewable Entrance Scholarship
- 2016 Gold Medal for Academic Excellence and Outstanding Leadership
- 2016 Faculty of Health Silver Medal for Academic Merit
- Summa Cum Laude, Member of Dean's Honour Roll

## **Eve Marian Sohn**

- 2014 School of Kinesiology and Health Science Honour Roll
- 2014 York University Continuing Student Scholarship
- 2015 School of Kinesiology and Health Science Honour Roll
- 2015 York University Continuing Student Scholarship
- Summa Cum Laude, Member of Dean's Honour Roll

## **Jugvinder Singh**

- 2013 York University Continuing Student Scholarship
- 2014 York University Continuing Student Scholarship
- 2014 Kinesiology and Health Science Honour Awards
- 2015 School of Kinesiology and Health Science Honour Roll
- Summa Cum Laude, Member of Dean's Honour Roll

## **Sathyan Arulvarathan**

- 2015 York University Continuing Student Scholarship
- Summa Cum Laude, Member of Dean's Honour Roll

## **Maryam Kara**

- 2012 xYU Renewable Entrance Scholarship
- 2012 York University Renewable Entrance Scholarship
- 2013 York University Renewable Entrance Scholarship
- 2014 School of Kinesiology and Health Science Honour Roll
- 2015 School of Kinesiology and Health Science Honour Roll
- 2015 York University Continuing Student Scholarship
- Summa Cum Laude, Member of Dean's Honour Roll

# Master's Award for Academic Excellence

## Calumet College

### **Ilan Kogan**

- 2013 President's Honour Roll
- 2013 Awards of Distinction Residence Award
- 2013 Alumni Award of Distinction Scholarship
- 2014 Alumni Award of Distinction Scholarship
- 2015 The Winchcombe Scholarship Fund
- 2015 Alumni Award of Distinction Scholarship
- 2015 York University Faculty Association Undergraduate Scholarship
- 2015 Jinnah, Founder of Pakistan Scholarship at York University
- 2016 Governor General's Silver Medal
- 2016 The Winchcombe Scholarship Fund
- 2016 Alumni Award of Distinction Scholarship
- 2016 Alan and Esther Hockin Achievement Award  
With Distinction

### **Ruhama Quadir**

- 2013 Awards of Distinction Merit Scholarship
- 2013 xYU Renewable Entrance Scholarship
- 2013 York University Renewable Entrance Scholarship
- 2014 President's Honour Roll
- 2014 Schulich School of Business Discretionary Scholarship
- 2014 York University Renewable Entrance Scholarship
- 2015 The Winchcombe Scholarship Fund
- 2015 York University Faculty Association Undergraduate Scholarship
- 2015 York University Renewable Entrance Scholarship
- 2016 Governor General's Silver Medal
- 2016 The Winchcombe Scholarship Fund
- 2016 Alan and Esther Hockin Achievement Award
- 2016 HSBC Presidents Award for iBBA  
With Distinction

# Silver Medal for Academic Merit

Awarded to a graduating undergraduate student in the Faculty of Health for outstanding academic achievement. The medal is presented to the student with the highest cumulative grade point average in the graduating class.



## Ron Burdo

### Research Projects

- Honours Thesis – Supervisor: Dr. Gordon Flett, 2016
- Dr. Gordon Flett – Independent Study Student, 2016
- HealthAid Network Report – Research Assistant, 2015-16
- Research Assistant, 2014-15
- Manuscript under review: *Mattering, rumination, and self-criticism in depression*. Personality and Individual Differences.
- Chapter: The narcissistic epidemic and diverse models of causation, *Disorders without borders: Dodo bird magic?*, 2017

### Volunteer Experiences

- Mackenzie Health Hospital – Hospital Elder Life Program (HELP) Volunteer, 2016
- Circle of Care Friendly Visitor Volunteer, 2016

### Awards and Distinctions

- Golden Key International Honour Society, 2016
- Admission Scholarship, 2012-16
- Dean's Honour Roll, 2012-16
- President's Honour Roll, 2014
- Book Prize Award, 2014
- Meighen Wright Maternal-Child Health Undergraduate Scholarship, 2017

# Silver Medal for Academic Merit

Awarded to a graduating undergraduate student in the Faculty of Health for outstanding academic achievement. The medal is presented to the student with the highest cumulative grade point average in the graduating class.



## Mohabat Tarkeshian

### Research Projects

- Southlake Regional Health Centre and Dr. Michaela Hynie – Researcher, 2016-17
- Centre for Vision Research Lab, Dr. Richard Murray – Meeting member, 2014-15

### Volunteer Experiences

- Centre for Addiction and Mental Health – Social Support Inpatient Volunteer, 2014-present
- York University Math Lab – Volunteer Tutor, 2015-17
- Ontario Universities Fair (OUF) – Faculty of Science Representative, 2016

### Awards and Distinctions

Summa Cum Laude, 2017  
Dean's Honour Roll, 2012-17  
Mathematics Chair's Honour Roll, 2015-16  
Sally Murray Findley Memorial Scholarship, 2016  
Continuing Student Scholarship, 2016  
Entrance Scholarship, 2012-16

# Silver Medal for Academic Merit

Awarded to a graduating undergraduate student in the Faculty of Health for outstanding academic achievement. The medal is presented to the student with the highest cumulative grade point average in the graduating class.



## Alessandro Volpe

### Leadership Experiences

- Kinesiology and Health Science Student Organization Peer Tutoring Program – Program Coordinator, 2015-17
- Stong College Interview Workshop – Facilitator, 2017
- Destination Graduation – Student Lead/Speaker, 2015-17
- York Orientation Day – Student Leader, 2015-17
- Kinesiology and Health Science Student Organization Peer Tutoring Program – Peer Tutor, 2015

### Research Projects

- Dr. Christopher G.R. Perry – Independent research study

### Volunteer Experiences

- KIN-Kids Guided Physical Activity Program – Volunteer, 2015-16
- Mackenzie Health Hospital Emergency Department – Volunteer, 2016-present
- Ice Cream Patio, SickKids Hospital Fundraiser – Volunteer, 2010-11
- Father John Kelly Catholic Elementary School – Volunteer, 2011

### Awards and Distinctions

- Frank Cozentino Book Prize – Year 2
- Golden Key International Honour Society
- Dean's Honour Roll, 2013-17

# Silver Medal for Outstanding Leadership

Awarded to a graduating undergraduate student in the Faculty of Health who demonstrates outstanding leadership skills and potential through involvement and initiative in Faculty of Health organizations and activities.



## Crystal Heidari

### Leadership Experiences

- Student Health Ambassadors at York (SHAY), 2015-17
- York University Senate – Faculty of Health Senator, 2014-16
- HealthAid Network – Student Success Leader, 2014-15
- Bethune College Student Ombuds Service, 2013-15

### Research Projects

- Honours Thesis – Supervisor: Dr. Michael Pettit, 2017
- Symposium, Canadian Psychological Association convention, 2017
- Peer-reviewed publication: Journal of the History of the Behavioral Sciences, 2016
- Dr. Chris Bell, 2016
- Dr. Rebecca Pillai Riddell – Practicum Student, 2016-17
- Dr. Rebecca Pillai Riddell – Research Assistant, 2015-16
- Dr. Christopher Green & Dr. Michael Pettit – Research Assistant, 2015-17

### Volunteer Experiences

- Psychology Department Cyclical Program Review, 2016
- Psychology Department New Faculty Member Hiring Event, 2016
- Orientation Day – Faculty of Health, 2015
- Orientation Day – SOS: Faculty of Science, 2014
- Faculty of Health Student Caucus, 2013-17

### Awards and Distinctions

- Osgoode Hall Law School: Benjamin Laufer Memorial Entrance Scholarship, 2017
- GRADitude Award, 2017
- Sandra W. Pyke Scholarship, 2016
- Certificate of Outstanding Contribution – Faculty of Health SHAY, 2016
- Certificate for Student Leadership, 2016
- Faculty of Health Student Caucus Honourable Mention, 2016
- Psychology Department – 2nd Year Book Prize, 2015
- Letter of Commendation – Student Success Leader for HealthAid, 2015
- Certificate for Student Leadership, 2015
- Faculty of Health Student Caucus Honourable Mention, 2015
- Bethune College Basic Peer Leadership Training Certificate, 2013
- Dean's Honour Roll, 2013-present
- Renewable Entrance Scholarship, 2013-present

# Gold Medal for Academic Excellence and Outstanding Leadership

Awarded to a graduating undergraduate student in the Faculty of Health who has demonstrated academic excellence and outstanding contributions to undergraduate student life at York University.



## Alessandro Volpe

### Leadership Experiences

- Kinesiology and Health Science Student Organization Peer Tutoring Program – Program Coordinator, 2015-17
- Stong College Interview Workshop – Facilitator, 2017
- Destination Graduation – Student Lead/Speaker, 2015-17
- York Orientation Day – Student Leader, 2015-17
- Kinesiology and Health Science Student Organization Peer Tutoring Program – Peer Tutor, 2015

### Research Projects

- Dr. Christopher G.R. Perry – Independent research study

### Volunteer Experiences

- KIN-Kids Guided Physical Activity Program – Volunteer, 2015-16
- Mackenzie Health Hospital Emergency Department – Volunteer, 2016-present
- Ice Cream Patio, SickKids Hospital Fundraiser – Volunteer, 2010-11
- Father John Kelly Catholic Elementary School – Volunteer, 2011

### Awards and Distinctions

- Frank Cozentino Book Prize – Year 2
- Golden Key International Honour Society
- Dean's Honour Roll, 2013-17

# Faculty of Health

**Paul McDonald**, Dean

**Mary Wiktorowicz**, Associate Dean, Community and Global

**Mazyar Fallah**, Associate Dean, Research and Innovation

**Susan Murtha**, Associate Dean, Teaching and Learning

**Angelo Belcastro**, Chair, School of Kinesiology and Health Science

**Mike Connor**, Undergraduate Program Director, School of Kinesiology and Health Science

**Joel Goldberg**, Chair, Department of Psychology

**Jennifer Connolly**, Undergraduate Program Director, Department of Psychology

**Marina Morrow**, Chair, School of Health Policy and Management

**Hannah Wong**, Undergraduate Program Director, School of Health Policy and Management

**Judith MacDonnell**, Director, School of Nursing

**Monica Gola**, Undergraduate Program Director, Collaborative Program, School of Nursing

**Grace Ross**, Undergraduate Program Director, 2nd Entry Program, School of Nursing

**Pat Bradley**, Program Coordinator, Internationally Educated Nurses Program, School of Nursing

## About the Faculty of Health

As York University's second largest Faculty with more than 10,000 students, 174 full-time faculty and five degree programs (Kinesiology & Health Science, Psychology, Nursing, Health Studies, and Global Health), York's Faculty of Health believes the key to solving the crisis in health care is to keep more people healthier, longer, with an emphasis on prevention first, then care when needed – to make a difference in people's lives and make health and health care sustainable for all. Our vision is to educate future global leaders – agents of change – who will redefine and advance health and human science, local to global.

## About the Colleges



### Calumet College

Calumet College is affiliated with the Faculty of Health, Faculty of Liberal Arts and Professional Studies, and the Schulich School of Business, serving students from the school of Health Policy and Management, Psychology, as well as from the Cognitive Science and Global Health program. Our mandate, "enterprising minds" conveys the spirit of intellectual inquiry, effort, and accomplishment that is characteristic of successful university education. At Calumet College, we provide an environment to encourage the development of enterprising minds.



### Stong College

Stong College is affiliated with the Faculty of Health and the Faculty of Liberal Arts and Professional Studies, serving students from Nursing, Kinesiology and Health Science as well as English, Creative Writing and Professional Writing. Enriched by the Stong family pioneer spirit, to which we owe our name, our community is committed to innovation while preserving the values of diversity and inclusivity. Our team at Stong College aims to support student success through a variety of programs designed for students throughout their university experience.

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